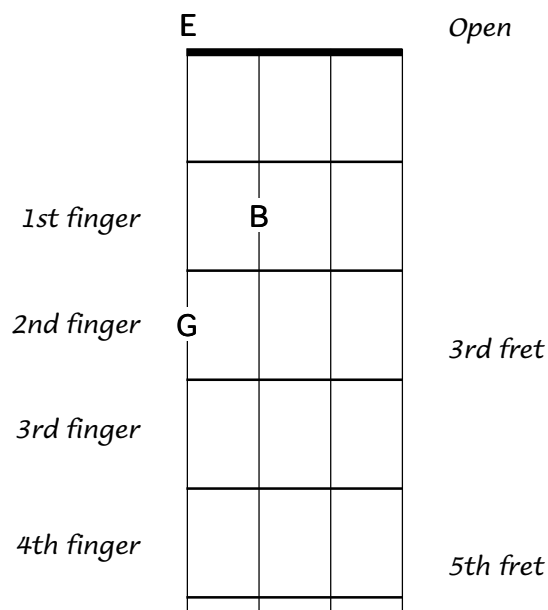
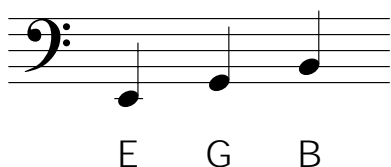


# LESSON 1





## Lower Em Triad E, G, & B

The first three notes we'll be using are a low *E*, *G*, and *B*. At this time, it will be very beneficial to assign one finger to each fret.

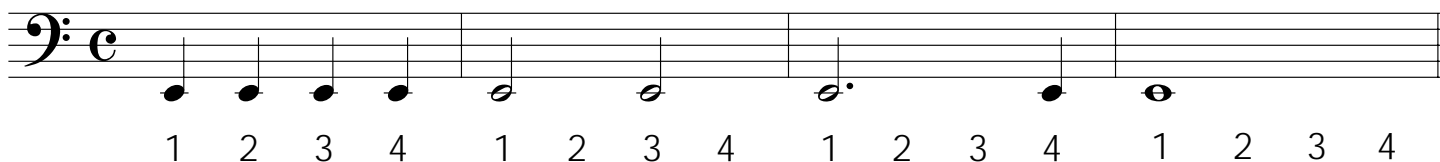
- E** - open E string
- G** - 2nd finger, 3rd fret, E string
- B** - 1st finger, 2nd fret, A string



We'll be starting with these four note values.

-  = Quarter note = One beat
-  = Half note = Two beats
-  = Dotted half note = Three beats (a dot after any note means increase its value by half)
-  = Whole note = Four beats

$\frac{4}{4}$  time, also known as common time (C)



Keep a steady beat, either by tapping your foot or with a metronome. Included on the CD are four metronome tracks, ranging from slow to fast. The slowest (track 5) is 70 bpm, and the fastest (track 8) is 130 bpm. Use the slowest at first and pick up the tempo as you become more proficient.

